

Model for Predicting the Risk of Osteoporotic Vertebral Fractures in Women Using Quantitative Computed Tomography

I. S. Zaharov¹, G. I. Kolpinskij², G. A. Ushakova¹, E. S. Kagan³

¹ Kemerovo State Medical Academy, Ministry of Healthcare of Russia, Department of Obstetrics and Gynecology № 1

² Kemerovo State Medical Academy, Ministry of Healthcare of Russia, Department of Radiation Diagnosis, Radiotherapy and Oncology

³ Kemerovo State University, Ministry of Education and Science of Russia, Department of Automation Research and Technical Cybernetics

Abstract

The paper presents a model for predicting the risk of osteoporotic vertebral fractures on the basis of indicators of bone mineral density as determined by quantitative computed. The aim of the study was to evaluate the predictive ability of various indicators of bone densitometry. The study included 282 postmenopausal women, 72 of whom suffered compression fractures of vertebral body fractures in 210 women in history were absent. Bone densitometry was performed scanner Somatom Emotion (Siemens, Germany) using a mode Osteo. Estimated average mineral density of the trabecular and cortical bone II–IV of the lumbar vertebrae, as well as indices of bilateral asymmetry of the BMD for trabecular and cortical bone. After receiving the results of the scan using a standard method of binary logistic regression was formed predictive model for determining the risk of vertebral fractures. Model sensitivity was 77,8 %, specificity – 86,7 %. During the ROC-analysis threshold classification is 0,371. When the predictive probabilities that are below this threshold, the risk of fracture is assessed as low, from 0,371 to 0,5 – as average or above 0,5 – as high.

Key words: Osteoporosis, Bone Mineral Density, Quantitative Computed Tomography, Prediction of Fracture Risk.

References

1. *Abdrahmanova Zh. S.* Bone densitometry and computed tomography in the evaluation thresholds mineral density of the vertebral bodies as a risk factor of fractures: Cand. med. sci. diss. Tomsk, 2006. 19 p. (in Russian).
2. *Benevolenskaja L. I.* Guidelines for osteoporosis. M.: BINOM, 2003. 523 c. (in Russian).
3. *Lesnjak O. M.* Osteoporosis audit in the Russian Federation. Profilakticheskaja medicina. 2011. No. 2. P. 7–10 (in Russian).
4. *Mihajlov E. E., Benevolenskaja L. I., Anikin S. G.* The frequency of fractures of the proximal femur and distal forearm. Osteoporoz i osteopatii. 1999. No. 3. P. 2–6 (in Russian).
5. *Halafjan A. A.* Modern statistical methods of medical research. 3-e izd. M.: Lenand, 2014. 316 p. (in Russian).
6. *Jejdlina E. M., D'jachkova G. V., D'jachkov K. A.* Modern radiation diagnosis of pathological vertebral fractures by osteoporosis. Genij ortopedii. 2012. No. 2. P. 38–43 (in Russian).
7. ACR – SPR – SSR practice parameter for the performance of quantitative computed tomography (QCT) bone densitometry. Available at: <http://www.acr.org/~media/ACR/Documents/PGTS/guidelines/QCT.pdf>.

8. *Bansal S. C., Khandekwal N., Rai D. V., Sen R., Bhadada S. K., Sharma K. A. Goswami N.* Comparison between the QCT and the DEXA scanners in the evaluation of BMD in the lumbar spine. *J. of Clin. and Diagn. Res.* 2011. V. 5. No. 4. P. 694–699.
9. *Bauer J. S., Virmani S., Mueller D. K.* Quantitative CT to assess BMD as a diagnostic tool for osteoporosis and related fractures. *Med. Mundi.* 2010. V. 54. No. 2. P. 31–37.
10. *Hanley J. A., McNeil B. J.* The meaning and use of the area under a receiver operating characteristic (ROC) curve. *Radiol.* 1982. V. 143. No. 1. P. 29–36.
11. *Hernlund E., Svedbom A., Ivergard M., Compston J., Cooper C., Stenmark J., McCloskey E. V., Jonsson B., Kanis J. A.* Osteoporosis in the European Union: Medical Management, Epidemiology and Economic Burden. A report prepared in collaboration with the International Osteoporosis Foundation (IOF) and the European Federation of Pharmaceutical Industry Associations (EFPIA). *Arch. Osteop.* 2013. No. 8. 136 p.
12. *Li N., Li X. M., Xu L., Sun W. J., Cheng X. G., Tian W.* Comparison of QCT and DXA: osteoporosis detection rates in post-menopausal women. *Int. J. of Endocrinol.* 2013. March 27. Available at: <http://www.ncbi.nlm.nih.gov/pubmed/23606843>.
13. *Looker A. C., Beck T. J., Orwoll E. S.* Does body size account for gender differences in femur bone density and geometry? *J. Bone Miner. Res.* 2001. V. 16. No. 7. P. 1291–1299.
14. *Lunt M., Elsenberg D., Reeve J., Benevolenskaya L., Cannata J., Dequeker J., Dodenhof C., Falch J. A., Masaryk P., Pols H. A., Poor G., Reid D. M., Scheidt-Nave C., Weber K., Varlow J., Kanis J. A., O'Neill T. W., Silman A. J.* Bone density variation and its effects on risk of vertebral deformity in men and women studied in thirteen European centers: The EVOS Study. *J. Bone Miner. Res.* 1997. V. 12. No. 11. P. 1883–1894.
15. *Marshall D., Johnell O., Wedel H.* Metaanalysis of how well measures of bone mineral density predict occurrence of osteoporotic fractures. *Br. Med. J.* 1996. No. 312. P. 1254–1259.
16. *Nguyen T., Sambrook P., Kelly P., Jones G., Lord S., Freund J., Eisman J.* Prediction of osteoporotic fractures by postural instability and bone density. *BMJ.* 1993. No. 307. P. 1111–1115.
17. *Siris E. S.* Identification and fracture outcomes of undiagnosed low bone mineral density in postmenopausal women: results from the National Osteoporosis Risk Assessment. *J. of the Am. Med. Association.* 2001. V. 286. No. 22. P. 2815–2822.

Authors

Zaharov Igor' Sergeevich, Ph. D. Med., Associate Professor of Department of Obstetrics and Gynecology № 1, Kemerovo State Medical Academy, Ministry of Healthcare of Russia.
Address: Voroshilov ul., 22a, Kemerovo, 650029, Russia.
Phone number: +7 (3842) 46-51-62. E-mail: isza@mail.ru

Kolpinskiy Gleb Ivanovich, M. D. Med., Professor of Department of Radiation Diagnosis, Radiotherapy and Oncology, Kemerovo State Medical Academy, Ministry of Healthcare of Russia
Address: Voroshilov ul., 22a, Kemerovo, 650029, Russia.
Phone number: +7 (3842) 35-33-51. E-mail: glebss@mail.ru

Ushakova Galina Aleksandrovna, M. D. Med., Professor of Department of Obstetrics and Gynecology № 1, Kemerovo State Medical Academy, Ministry of Healthcare of Russia.
Address: Voroshilov ul., 22 a, Kemerovo, 650029, Russia.
Phone number: +7 (3842) 46-51-62.

Kagan Elena Sergeevna, Ph. D. Med., Associate Professor of Department of Automation Research and Technical Cybernetics, Kemerovo State University, Russian Federation.
Address: Krasnaya ul., 6, Kemerovo, 650043, Russia.
Phone number: +7 (384-2) 58-12-26. E-mail: kaganes@mail.ru